

BREATHE. FOR LIFE.

AlvioLife®

RESPIRATORY SUPPORT



Easier breathing. Better respiratory health. Enhanced physical performance.

AlvioLife Fast Facts:

- Clinically studied
- Improvements as fast as 3 weeks*
- Improves respiratory health*
- Improves lung function up to 16%*
- Improves aerobic exercise capacity by 7%*
- Reduces upper respiratory symptoms up to 39%*
- Improves subjective well-being by 18%*
- Supports immune function*
- Reduces cold complaints*
- Low, 200 mg/day dose
- Patented

Breathing is a fundamental part of life. It's easy to forget how many aspects of our lives are dependent on respiratory health – from overall health to emotional well-being to physical performance. But, factors like environmental pollution can work against optimal respiratory health.

We can help.

AlvioLife® is a proprietary composition of extracts of *Boswellia serrata* gum resin [standardized to 30% 3-O-acetyl-11-keto- β -boswellic acid (AKBA)] and *Aegle marmelos* dried fruit – designed to support a healthy respiratory system. It works to help maintain clear airways and reduce the impact of environmental irritants. What does that mean for you? An exciting ingredient for respiratory health and a perfect complement in immune health formulations.

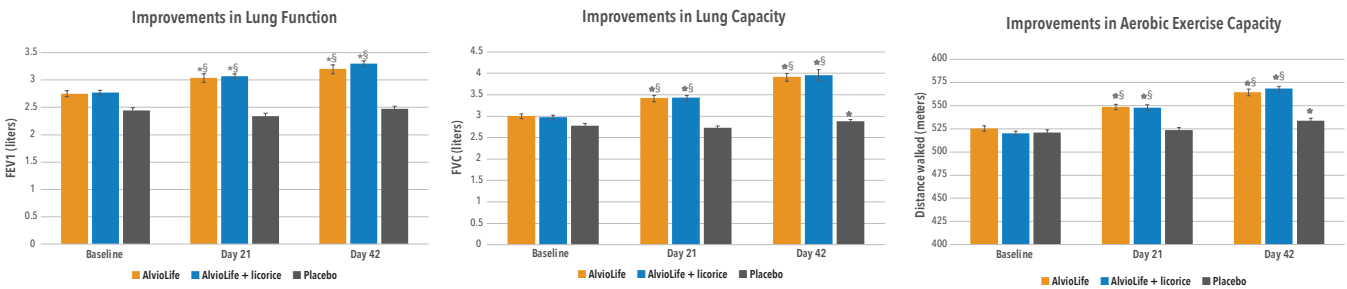


NEW CLINICAL TRIAL CONFIRMS IMPROVED RESPIRATORY FUNCTION IN HEALTHY SUBJECTS

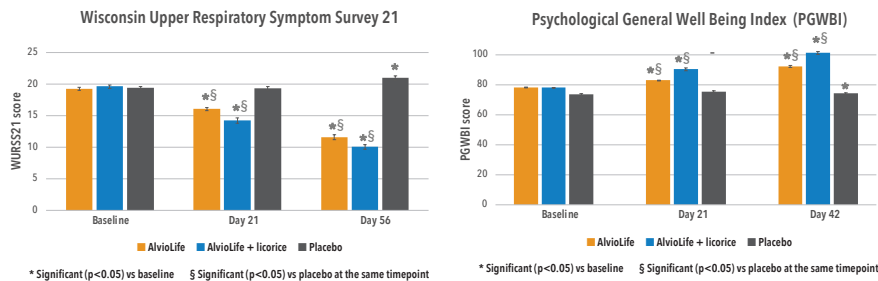
AlvioLife® has been the subject of two human clinical trials measuring respiratory function. In a 2021, six-week RCT, healthy subjects who had reported a sensitivity to air pollution took either 200 mg/day of AlvioLife, 200 mg/day AlvioLife + 200 mg/day licorice extract, or a matching placebo. Subjects taking AlvioLife had improvements from baseline measures, and compared to placebo for lung function, lung capacity, and aerobic exercise capacity.

In addition to these results, the study showed reductions in reported upper respiratory tract symptoms (Wisconsin Upper Respiratory Symptom Scale) and improvement in psychological well-being. Improvements in immune (CD4+) and inflammation (IL-8) biomarkers were also shown.

Subjects taking AlvioLife had greater improvements in functional respiratory outcomes



Subjects taking AlvioLife had reductions in upper respiratory symptoms AND improvements in general well-being



The benefit set provided by AlvioLife makes it an ideal stand alone ingredient for respiratory health and pollution support products but can also find application in immune health and sports nutrition formulations as a differentiating component.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Contact PLT Health Solutions for samples and more information.
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